



AESCHI 9

Suicide Across the Lifespan: Relational Models of Treatment

Mayo Clinic School of Continuous Professional Development

**CALL FOR
ABSTRACTS
DEADLINE
APRIL 24, 2017**

**SONNENALP HOTEL
VAIL, COLORADO
JUNE 8–10, 2017**

COURSE DESCRIPTION

After six biennial conferences in the Swiss Alps, the Aeschi group holds its third North American conference at the world-class Sonnenalp Hotel in the Colorado Rockies. The conference is built around a series of videos illustrating key concepts in narratives, assessment and treatment of patients at risk for suicide. National and international experts acting as teachers and discussants engage in intimate and probing exchanges about relating Aeschi concepts to the clinical material in the videos. Participants are limited to 120 to preserve the collegial and safe atmosphere that has characterized all Aeschi conferences.

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Develop enhanced skills for engaging and assessing suicidal patients in a collaborative working relationship between patient and clinician.
- Recognize the experience of the clinician in working with suicidal patients and how that can impact the care of the patient.
- Define the importance of clinician and patient developing a narrative of the patient's suicidality as the first stage in formulating a treatment plan.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE

The target audience is any and all providers who engage in the assessment and treatment of suicidal patients. This includes but is not limited to psychiatrists, psychologists, social workers, and psychotherapists, as well as primary care physicians and allied health providers (PAs, NPs, RNs).

CREDIT

Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of *18.75 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APA:



The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

Other Health Care Professionals:

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

GRANTS

This course is supported, in part, by an educational grant from the American Foundation for Suicide Prevention (AFSP), in accordance with ACCME Standards.



AMERICAN FOUNDATION FOR
Suicide Prevention

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo Clinic School of CPD before May 25, 2017 (cme@mayo.edu). No refunds will be made on or after May 25, 2017. Canceled registrations are non-transferable.

Mayo Clinic School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo Clinic School of CPD must cancel or postpone this course, Mayo Clinic School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

REGISTRATION

Register on-line at ce.mayo.edu/aeschi2017. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, break refreshments, lunches and reception. Although it is not Mayo Clinic School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A confirmation is provided upon receipt of payment.

Registration Fee(s) (USD):

MD, DO, PhD, PsyD	\$875
Social Worker, RN, NP, PA, Resident, Student	\$725

For additional information, contact:

Mayo Clinic School of Continuous Professional Development
Plummer 2-60
200 First Street SW
Rochester, MN 55905
Website: ce.mayo.edu
E-mail: cme@mayo.edu
Phone: (800) 323-2688 or (507) 284-2509

ABSTRACTS

Poster Abstracts

Overview: The first afternoon of the three-day conference features posters whose purpose is to showcase participants' work and stimulate dialogue among conference attendees. Posters can feature data-driven original research on any aspect of suicidology, describe innovative clinical programs or projects related to the assessment and treatment of suicidal patients, or explicate training methods used to increase clinician effectiveness in evaluating such patients. Every effort will be made to include as many posters as possible, based on available space.

Submission: Please submit abstracts (300-500 words), two to three objectives per poster, abstract name, institution, medical specialty, address and contact information to johnson.dorinda@mayo.edu by April 24, 2017.

Workshop Abstracts

A limited number of proposals for 90-minute workshops will also be accepted.

Submission: Please submit an abstract of 500 words or less and two to three objectives per workshop to the course director, J. Michael Bostwick at bostwick.john@mayo.edu

Poster and Workshop Abstracts

Submission Deadline: April 24, 2017
Notification of Results: May 15, 2017

Complete instructions for submitting poster and workshop abstracts can be found on the course website: ce.mayo.edu/aeschi2017

LOCATION AND LODGING ACCOMMODATIONS

Guest rooms have been reserved for attendees and their guests with special course rates of \$170/night at the Sonnenalp Resort. In order to receive this special rate, the reservations must be made before the room block is filled or before the expiration date of May 17, 2017, whichever comes first. Reservations may be taken following this date based on space and rate availability. Please identify yourself as a participant of the *Mayo Clinic Aeschi* course when making your reservation.

Sonnenalp Hotel

20 Vail Road · Vail, Colorado 81657
(800) 654-8312 or (970) 479-6421
\$170 Single/Double Jr. Suite
www.sonnenalp.com

Mayo Clinic School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.



TRAVEL

Colorado Mountain Express is offering Aeschi 9 participants ground transportation from Denver International Airport or Eagle County Airport to Vail at discounted rates starting at \$72 (Denver) or \$40 (Eagle County). For a complete list of transfer options, see the course website: ce.mayo.edu/aeschi2017

Lodging and travel arrangements are the sole responsibility of the individual registrant.

FACULTY

Course Directors

J. Michael Bostwick, M.D. and Brian A. Palmer, M.D., M.P.H.

Mayo Clinic Faculty

Sandra J. Rackley, M.D., MAEdHD

Guest Faculty

Gregory K. Brown, Ph.D. – University of Pennsylvania
Peter C. Britton, Ph.D. – University of Rochester
Craig J. Bryan, Ph.D. – University of Utah
Katherine Anne Comtois, Ph.D., M.P.H. – University of Washington
Mark J. Goldblatt, M.D. – McLean Hospital / Harvard Medical School
David B. Goldston, Ph.D. – Duke University
Marjan Ghahramanlou Holloway, Ph.D. – Uniformed Services University
David A. Jobes, Ph.D. – Catholic University
Cheryl A. King, Ph.D. – University of Michigan
Doreen S. Marshall, Ph.D. – American Foundation for Suicide Prevention
Stephen S. O'Connor, Ph.D. – University of Louisville
Elsa F. Ronningstam, Ph.D. – McLean Hospital / Harvard Medical School
M. David Rudd, Ph.D. – University of Memphis
Mark A. Schechter, M.D. – North Shore Medical Center / Harvard Medical School
Barbara H. Stanley, Ph.D. – Columbia University Suicide Prevention

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

PROGRAM

Thursday, June 8, 2017

7:00-7:40 a.m.	<i>Continental Breakfast</i>	
7:40-8:30	Welcome and Course Introduction: The Aeschi Philosophy Erikson Meets Aeschi	David A. Jobes, Ph.D. J. Michael Bostwick, M.D.
8:30-10:15	Session 1: Childhood: Failing at Relatedness (Chair and Discussant Cheryl A. King, Ph.D.) Theory: Intergenerational Vulnerabilities to Suicidal States Practice: CAMS in Children Video and Group Discussion	Craig J. Bryan, Ph.D. David A. Jobes, Ph.D.
10:15-10:45	<i>Break</i>	
10:45-12:30 p.m.	Session 2: Adolescence: Hiding from Relatedness (Chair and Discussant Sandra J. Rackley, M.D.) Theory: Transitions Practice: Brief Interventions Video and Group Discussion	Katherine Anne Comtois, Ph.D., M.P.H. Stephen S. O'Connor, Ph.D.
12:30-1:45	<i>Lunch</i>	

Thursday, June 8, 2017 (continued)

1:45-3:15

Tribute to John T. Maltzberger, M.D. (Chair Mark J. Goldblatt, M.D.)

Video

Biography and Important Contributions Mark J. Goldblatt, M.D.

Lessons Terry Taught Us Collaborators & Supervisees

3:15-4:45

Workshop Session #1 (Choose one to attend)

Workshops to be determined.

4:45-6:00

Poster Presentations and Reception (Chair Brian A. Palmer, M.D.)

6:00

Adjourn

Friday

June 9, 2017

7:00-7:50 a.m.

Continental Breakfast

7:50-8:00

Introduction to Day Two

J. Michael Bostwick, M.D.

8:00-9:45

Session 3: Young Adulthood: Fearing Relatedness (Chair and Discussant Christine Y. Moutier, M.D.)

Theory: Failures of Intimacy

Marjan Ghahramanlou
Holloway, Ph.D.

Practice: Safety Planning

Barbara H. Stanley, Ph.D.

Video and Group Discussion

9:45-10:15

Break

10:15-12:00 p.m.

Session 4: Middle Adulthood: Souring on Relatedness (Chair and Discussant Elsa F. Ronningstam, Ph.D.)

Theory: Subjective Experiences of
Suicidal States

Mark A. Schechter, M.D.

Practice: Working with Ambivalence

Gregory K. Brown, Ph.D.

Video and Group Discussion

12:00-1:15

Lunch

1:15-2:00

Keynote Speaker

2:00-3:30

Workshop Session #2 (Choose one to attend)

Workshops to be determined.

3:30-4:00

Break

4:00-5:30

Workshop Session #3 (Choose one to attend)

Workshops to be determined.

5:30

Adjourn

Saturday, June 10, 2017

7:00-7:50 a.m.

Continental Breakfast

7:50-8:00

Introduction to Day Three

J. Michael Bostwick, M.D.

8:00-9:45

Session 5: Old Age: Despairing of Relatedness (Chair and Discussant J. Michael Bostwick, M.D.)

Theory: How Suicidality Changes Across
the Lifespan

David B. Goldston, Ph.D.

Practice: Motivational Interviewing

Peter C. Britton, Ph.D.

Video and Group Discussion

9:45-10:15

Break

10:15-12:15 p.m.

Putting It All Together (Chair J. Michael Bostwick, M.D.)

Hope as a Skill

M. David Rudd, Ph.D.

Reflections of Faculty and Conference Participants

12:15

Adjourn

MAYO CLINIC
200 First Street SW
Rochester, Minnesota 55905

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REGISTER NOW

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